

MOUNTAINEERS

West Virginia University

Intercollegiate Athletics
PO Box 877
Morgantown, WV 26507-0877



TO: Parents/Guardians of Incoming Student-Athletes

FROM: Randy Meador
Coordinator of Athletic Training Services

SUBJ: Stimulant Medications (Ritalin, Adderall and other medications)

Your son/daughter has become a participant on an intercollegiate athletic team at West Virginia University. As part of the matriculation process we are requesting medical documentation if your son/daughter is currently taking medication for Attention Deficit Disorder (ADD) or Attention Deficit Hyperactivity Disorder (ADHD).

Stimulant medications are banned by the NCAA and Big 12; however, a Medical Exception Policy is allowable if the medication is used for a documented medical purpose. The NCAA and Big 12 requests specific documentation to be present in the athlete's medical file on campus prior to his/her undergoing a drug test.

Appropriate documentation must include the following form signed and dated by the prescribing physician detailing:

Diagnosis.

- o Medication(s) and dosage.
- o Blood pressure and pulse readings and comments.
- o Note that alternative non-banned medications have been considered, and comments.
- o Follow-up orders.
- o Date of clinical evaluation: _____
- o Attach written report summary of comprehensive clinical evaluation. Please note that this includes the original clinical notes of the diagnostic evaluation.

The NCAA and Big 12 will not pre-approve the use of a medication prior to drug testing. Therefore, in the event that the student-athlete tests positive for the stimulant drug, an appeal will have to be made to the NCAA and Big 12 requesting an exception. The presence of this documentation in the student athlete's file will expedite the appeal process.

Failure to have this needed documentation available to the NCAA and Big 12 will result in the appeal being denied; therefore, the test result will remain positive, meaning a year of eligibility lost for a first time offense and a life-time ban for a second time offense from NCAA Institutions.

Thank you for attention in this matter. If you have any questions or concerns please feel free to contact me at (304) 293-9862.

Updated 1/15

**NCAA Medical Exception Documentation Reporting Form
to Support the Diagnosis of Attention Deficit Hyperactivity Disorder (ADHD)
and Treatment with Banned Stimulant Medication**

- Complete and maintain (on file in the athletics department) this form and required documentation supporting the medical need for a student-athlete to be treated for ADHD with stimulant medication.
- Submit this form and required documentation to Drug Free Sport in the event the student-athlete tests positive for the banned stimulant (see Drug Testing Exceptions Procedures at www.ncaa.org/drugtesting).

To be completed by the Institution:

Institution Name: _____

Institutional Representative Submitting Form:

Name _____
Title _____
Email _____
Phone _____

Student-Athlete Name _____

Student-Athlete Date of Birth _____

To be completed by the Student-Athlete's Physician:

Current Treating Physician (print name): _____

Specialty: _____

Office address _____

Physician signature: _____ Date _____

Check off that documentation representing each of the items below is attached to this report

- Diagnosis.
- Medication(s) and dosage.
- Blood pressure and pulse readings and comments.
- Note that alternative non-banned medications have been considered, and comments.
- Follow-up orders.
- Date of clinical evaluation: _____
- Attach written report summary of comprehensive clinical evaluation. Please note that this includes the original clinical notes of the diagnostic evaluation.**

The evaluation should include individual and family history, address any indication of mood disorders, substance abuse, and previous history of ADHD treatment, and incorporate the DSM criteria to diagnose ADHD. Attach supporting documentation, such as completed ADHD Rating Scale(s) (e.g., Connors, ASRS, CAARS) scores.

The evaluation can and should be completed by a clinician capable of meeting the requirements detailed above.

DISCLAIMER: The National Collegiate Athletic Association shall not be liable or responsible, in any way, for any diagnosis or other evaluation made, or exam performed, in connection herewith, or for any subsequent action taken, in whole or in part, in reliance upon the accuracy or veracity of the information provided hereunder.